



March 2009

The music of Loreena McKennitt always takes me to a deeper place of spiritual connection. The gorgeous Celtic sounds and her angelic voice completely move my soul! I was recently inspired to pull out the CD liner to her recording titled "Parallel Dreams" and follow the lyrics as she sang. The song, "Moon Cradle" (music by Loreena McKennitt, lyrics by Padraic Collum) grabbed my attention. The third verse went like this:

But the bond woman down by the boone  
Sings with a heart grown wild  
How a hundred rivers are flowing  
Between herself and her child

The tears began to fall as I took these words into my heart and remembered how deeply I miss the life and love I shared with my child. I remembered how much it hurt when he died and how much he meant to me in so many ways. Craig was only 10. It was a loss that shattered my heart and blew my world apart.

The changes that have taken place since Craig's death in 1995 have been nothing short of amazing and transformational. As many of you know, he is now with me in Spirit much of the time and helps me in all that I do. He constantly lets me know that he is near. He frequently reminds me to tell others that those we love who live on in Spirit are often times very close to us. We simply don't notice them. However, if we are open to communicating with them, they will indeed find a way to help us connect with them.

Craig recently gave me yet another gift of knowing how he walks with me. My son, Justin, and his fiancé Laura who live in Japan sent me a musical birthday card in October. I had placed it into a desk drawer. I had gone to the desk (in a different drawer) to find Laura's address to send her a birthday card and suddenly the happy birthday song started to play! I want to tell you that in order to get the song to play one has to press very firmly on a button. There's no way it could have started on its own!

If you are interested in knowing more about how to connect with your loved ones in Spirit, I would be happy to share with you what I have learned.

May you always know that we are One in Spirit, now and forevermore!

Peace,

JoAnn

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